# Social Media Acceptable Use Guide

**U16** 

#### What is social media?

This guide applies to all social media platforms including, but not limited to: Facebook, YouTube, Messenger, Twitter, instagram, Pinterest, Snapchat, Google+, WhatsApp, text, Wikipedia, LinkedIn and Reddit.

It is important that you understand that this guide covers all digital communications.

## What's the purpose of this guide?

Whilst this can be a fantastic way to communicate with others there are risks involved.

We want you and the whole netball family to stay safe when using social media to interact, share, create and discuss ideas.

### When using Social Media make sure you...

- Positively interact with teammates, promote your club, your achievements and netball.
- Think carefully about what you post and/or share. Remember news travels fast! Do you really want everyone to see what you are posting?
- Keep all personal information and passwords securely, don't share these with other people.
- Report anything that you find uncomfortable or upsetting to your Club Safeguarding Oficer or an adult you trust.
- Are the best person you can be online be courteous and respectful of other people and their views, religions and cultures.
- Always ensure that you make your parent or carer aware of any one to one conversation you have with an adult on social media.
- Check your security settings, make sure only your friends have access to your posts.

### When using Social Media make sure you do not...

- Insult, bully or post anything unfriendly, hurtful or inappropriate (this includes sharing or liking other posts).
- Share information that could put yourself or others at risk. X
- Accept friend requests/or respond to people you do not know on social media. X
- Post, re-post or comment on anything where you are unsure. If in doubt don't do it! X
- 😻 Use social media to insult, belittle or criticise other teams, players, officials or staff of England Netball. 🗶



Call childline 0800 1111 anytime 24/7 - calls are free and confidential



Get help with bullying or cyberbullying issues: www.anti-bullyingalliance.org.uk



For help with any worries, your safety or wellbeing chat to other young people online. www.youngminds.org.uk

EN Lead
Safeguarding Officer
07595 863 991

